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Catherine

*THE
WOMAN
BEHIND
THE SMILE*

BODY DEL SOL MEDICAL SPA

AYDE MENDIBLES,
MBA, LE, LVN
DIRECTOR OF SPA OPERATIONS

I

am a passionate, female entrepreneur, mother and grandmother. My business, Body del Sol is based on a client-focused and results driven experience! We have been recognized as a premiere Central Valley spa by the community and have received several certifications and awards over the years. I take great pride in having one of the Valley's top medical spas that offers a variety of exclusive services only offered at Body del Sol.

“If you're not learning every day, you need to find a better way to spend your day.”

HOW HAVE YOUR LIFE EXPERIENCES CONTRIBUTED TO WHO YOU ARE TODAY PROFESSIONALLY?

My life experiences have absolutely made me the person I am today and taught me to never back down from a challenge. You learn to survive, I have learned things you don't learn from books. You have to decide if that's the life you want to live or do you want to live a better life.

WHAT ARE YOU DOING THAT IS UNIQUE?

We bring state-of-the-art treatments to Fresno that are usually only offered in big cities. We are also a member of the Green Spa Network, and are the only “green spa” in Central California. At Body del Sol, we are committed to using organic skincare products, green practices such recycled paper products, cleaning products, and energy efficient lighting and appliances. We also carry iS Clinical Skincare products that includes a specialty line of products formulated for cancer care patients. We are certified to perform Cancer Care Facials and hold an event every October to honor these patients by providing complimentary facials.

HOW DO YOU GIVE BACK TO THE COMMUNITY?

I take great pleasure in giving back to the community we service—a community that has been loyal in patronage and referrals. I am proud that Body del Sol's contributions, leadership, and sponsorship efforts help create strong communities, providing a better environment for our business, employees, and customers to live and work. Gift certificates to silent auctions and private fundraising efforts are donated continuously throughout the year to Charities and Civic and Chamber fundraisers.

WHAT WAS YOUR HAPPIEST PROFESSIONAL MOMENT?

Receiving recognition from my community and other professionals has been so rewarding in my career. Body del Sol won the 2017 People's Choice Award for Best Cosmetic/Medical Spa (#3) We also made the 2017 Inc. 5,000 list—Body del Sol was ranked #1,866 out of 5,000 as one of the fastest-growing private companies across the nation. Being selected as one of 77 Latino entrepreneurs across the United States for the 2016 Stanford Latino Entrepreneur Leaders Program. Now I'm proud to say I'm a Stanford grad!



Visit Body Del Sol's site at:
www.bodydelsol.com

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